



CHME Society's

BHONSALA MILITARY SCHOOL, NASHIK

भोंसला मिलिटरी स्कूल, नाशिक

Dr. B. S. Moonje Marg, Rambhoomi, Nashik – 422005 ☎ 0253-2309608 📧 bms.bhonsala.in ✉
commandant@bms.bhonsala.in

BMS/File No/T-1/

51 Feb 2021

To,

CTO BM School

Principal BM School

REVISED GUIDELINES: PREVENTION AND CONTROL OF COVID -19 IN BMS

1. The COVID 19 pandemic has shown a steadily declining trend since Oct 2020 and the current daily reported cases is 84% lesser then the number of cases being reported at the peak of the pandemic. Considering the latest Govt. policies, policies issued by international advisory bodies and recent scientific evidence in the context, a need was felt to revise the existing COVID19 policies at Bhonsala Military School. Subject matter experts in the context were consulted and fresh guidelines on the issues maintained above are being promulgated as mentioned in the succeeding paragraphs. These Guidelines are an update to date all previous advisories and policies with respect to prevention and control of COVIT-19 in BMS and is recommended for implementation with immediate effect.

2. Quarantine

(a) Travel Related Quarantine. Quarantine following leave / out station duty for individuals is not recommended henceforth.

(b) Quarantine of High Risk Contacts (HRCs). HRCs of a confirmed case of COVIT-19 {at health care facility (HCF), household or work-place shall be quarantined at home/unit for 07 days following which they will be released from the said quarantine without any testing if asymptomatic. Where testing facilities are available, HRCs can be released from quarantine after 07 days with a negative test report.

3. Testing for COVID-19

(a) Individuals to be tested. Symptomatic OPD/IPD patients with COVID-19 relevant epidemiological linkage / travel history, symptomatic contacts of confirmed COVID-19 case, will be tested at Datar Lab and the fees will be funded by the parents.

(b) Test to be used. Priority should be given to molecular diagnostic tests wherever available. At other places, rapid antigen tests may be used as first line.



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4. Home Isolation, Hospitalization & Discharge

(a) Asymptomatic cases. Individuals clinically assigned as asymptomatic will be released from isolation after 7 days from the date of testing positive with no further testing. No additional period of isolation is recommended beyond 10 days.

(b) Mild cases. Will be isolated at quarantine Bhawan BMS(if family member and accommodation meeting criteria for home isolation) for 7 days of symptom onset or 3days of resolution of symptoms whichever is later, without any testing. At discharge, protocol as suggested in Para 5 below will be adopted.

(c) Moderate cases. Will be admitted to Balajee Hospital and discharged after 4 days of symptom onset or 3days of resolution of symptoms whichever is later, without any testing. While discharge, protocol as suggested in Para 5 below will be adopted.

(d) Severe cases. Will be admitted to Gurujee Hospital and discharged after 3 days of resolution of symptoms and one negative COVID-19 test. While discharge, protocol as suggested in Para 5 below will be adopted.

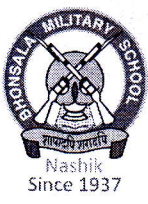
5. Disposal of COVID-19 Recovered Patients. The following guidelines are recommended for adoption:-

(a) Asymptomatic and Mild cases. During discharge, such individuals will be excused for all strenuous physical activities for a period of 02 weeks with weekly follow up for a period of 01 week.

(b) Moderate to Severe cases. At the time of discharge, all individuals with moderate and severe disease will be granted leave, the duration of which will be at the direction of the treating physician depending on the clinical condition of the patient.

6. Preventive Strategies

(a) Community interventions such as lockdowns, containment zones restriction of movement, ban on public gatherings etc. adopted in the District may be relaxed by School authorities in consultation with District and civ health authorities depending on the area specific threat perception. However, BMS shall maintain readiness for re-implementing the aforesaid community interventions with vigor in case of resurgence of the pandemic due local, environmental or biological factors.



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(b) Personal preventive measures in form of repeated hand hygiene, social distancing and wearing of face covers to be continued with strict discipline.

7. Subsequently the COVID-19 Vaccine is being made available to all. OS, BMS will be proactive to prepare the documentation requirements for the same before 15 Feb 2021.

**Commandant
Bhonsala Military School
Nashik**

Copy to:

The Secretary CHME Society Nashik

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